

**We liked the sleep experience at Penha Longa so much, we bought:  
The feather mattress, the duvet, the pillows, the bed linens, the bathrobe...**



*February 2007* – With immediate effect, guests staying at the 545-acre Portuguese estate in Sintra, near Lisbon – the historic Penha Longa Hotel Spa and Golf Resort – can purchase all their bed linens from the hotel’s boutique and can have them shipped directly to their home.

A service introduced due to client demand, these exclusive bed linens, with a 400 thread count, are custom

made to order from noted Portuguese company.

As the resort is not over-flown by any airline and as the hotel building itself is nestled deep in the heart of the estate, far removed from traffic noise, even the most troubled sleeper will find their sleep patterns improved by a short visit to Penha Longa. In fact the estate has long been a place of sanctuary from the primitive Iberians, through to the Catholic fathers who founded their monastery here, finding peace and tranquillity in its setting and the Portuguese Royal family, who, in the summer months, found a cool refuge in the mountains, away from the heat of Lisbon.

Example prices for a king sized bed range from:

Feather bed cover	Euros 155
Duvet	Euros 265
Duvet cover	Euros 150
Two big pillows	Euros 70 (in total)
Two medium pillows	Euros 60 (in total)
Two neck-rolls	Euros 50 (in total)
Bottom sheet	Euros 48
Top sheet	Euros 58
Pillowcases for all above	Euros 84 (in total)

The bed and breakfast packages at Penha Longa start at 180 Euros for a double room, including taxes and service charge.

For reservations, please contact Ritz-Carlton reservations on 0800 234 000, your travel agent or visit [www.ritzcarlton.com](http://www.ritzcarlton.com).

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**Background for editors:**

**Penha Longa** – The estate of Penha Longa in Portugal, located within a 545-acre National Park on the southern Sintra mountains has been a place of sanctuary for centuries. The Catholic fathers founded their monastery here, finding peace and tranquillity in its setting whilst the Royal Family came in the summer months to find a cool refuge from the heat of nearby Lisbon. Today, the Penha Longa Hotel Spa & Golf Resort retains a calming atmosphere of mystery and meditation. The breathtakingly beautiful resort, encompasses a luxurious hotel, a nineteenth century palace originally founded as a monastery in the fourteenth century, two spectacular golf courses and a superb Six Senses Spa.